

Learn to conduct a diagnosis of active mobility

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Some General Notes on this Session



Make sure you are muted and your camera is turned off





This session will be recorded. You will not appear in the recording if your camera is kept off



Include your questions in the chat; we will post them in the Q&A at the end of the session



Please introduce yourself in the chat (name, organization, city)



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Series Mastering

Objectives of the Session

After participating in this webinar, you should be able to:

- Understand the importance of diagnosing active transport as part of sustainable mobility planning
- → Diagnose active transport modes, using different data sources, data types, and at different scales
- → Apply the results of diagnosis to active transport planning and broader urban planning efforts



Contents

Intro: Active Transport Diagnosis (20')

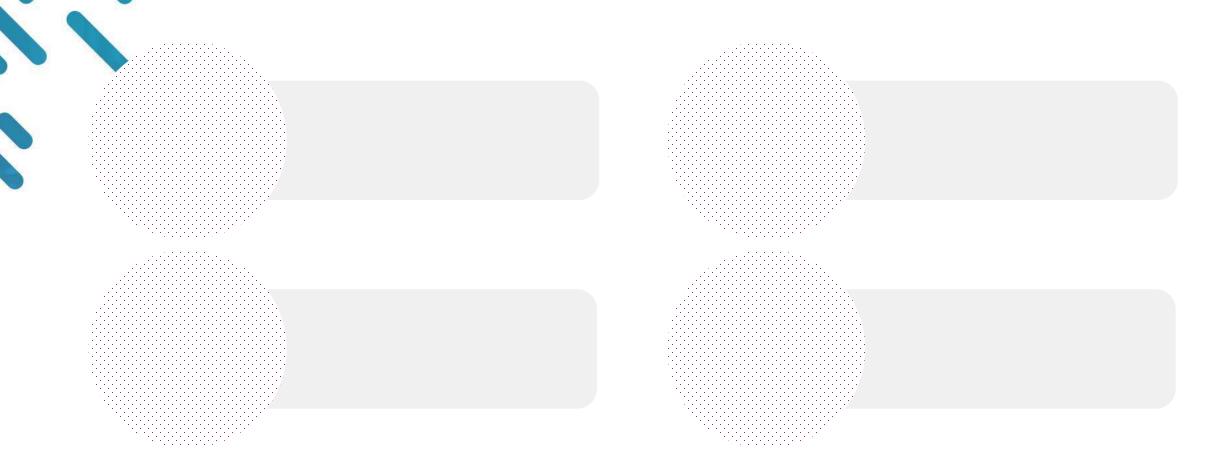
Diagnosis Tools + Activity (35')

Case Studies of Using Diagnosis (20')

Conclusion and Discussion (5')



Speakers





Walking and cycling are vital to an integrated transport system



Metro station in Panama lacks usable sidewalks and cycle lanes

Source:Google Streetview

Walking and cycling are low-cost extensions of public transport

Source:ITDP



Walking & cycling are vital to the transport system



Old footpaths in Pune.

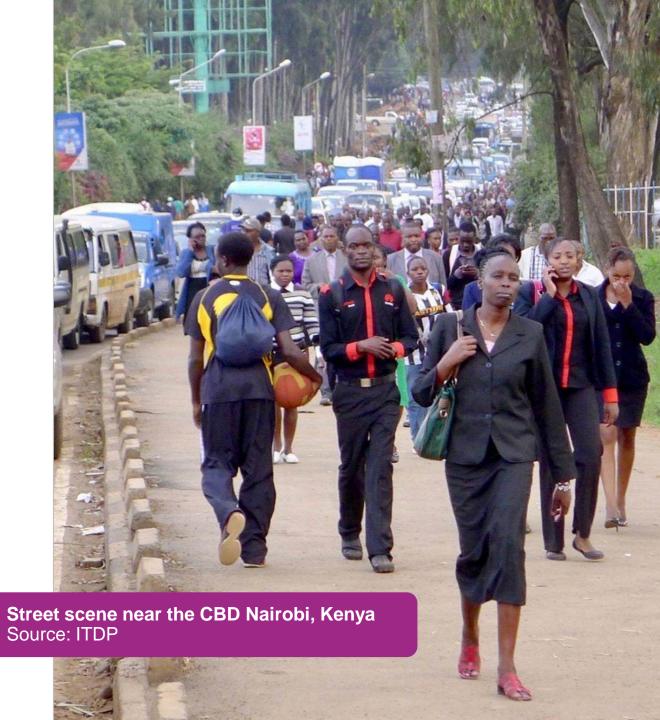
Source:ITDP

Improved footpaths in Pune

Source:ITDP



You can't figure out where to go, if you don't know where you are.



What percent of trips in your city are made by walking?

https://www.menti.com/gprri3xpfc





What percent of trips in your city <u>include</u> walking?

https://www.menti.com/gprri3xpfc





Diagnosis can draw attention to walking and cycling and their importance



Lack of sidewalks and cycle paths Ahmedabad, India.

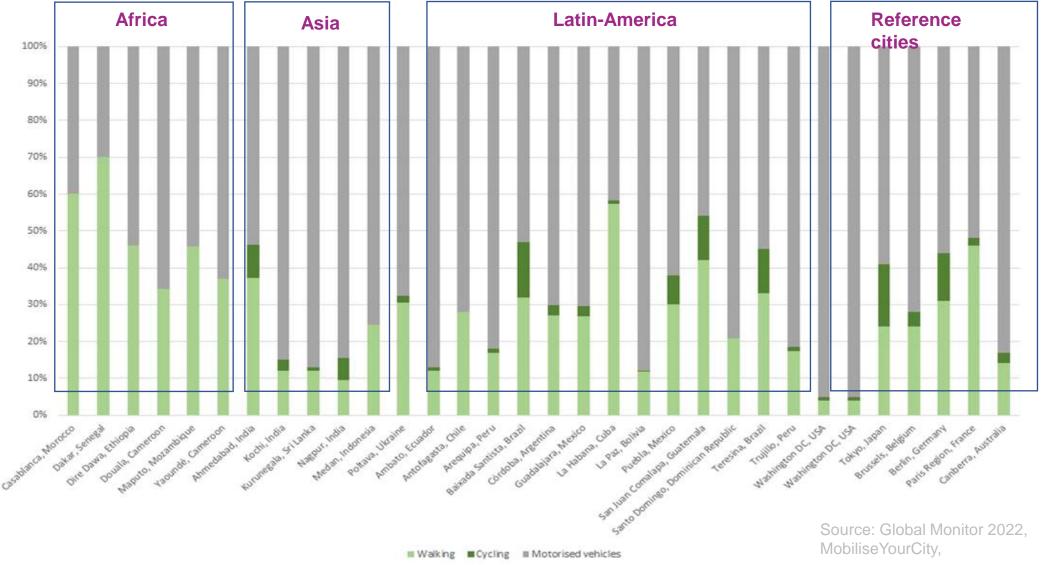
Source: Google Streetview

MobiliseYourCity Fact sheet for Ahmedabad, India.

Source: Mobilise Your City



What percent of trips in your city include walking?





Diagnosis can show new perspectives of a



Pedestrian bridge in Erode, India.

Source: ITDP





Diagnosis can show issues that are not always evident



Data collection is also a chance to engage and build trust with people which can lead to better plans and SUMPs



Diagnosis is the first step to creating a SUMP

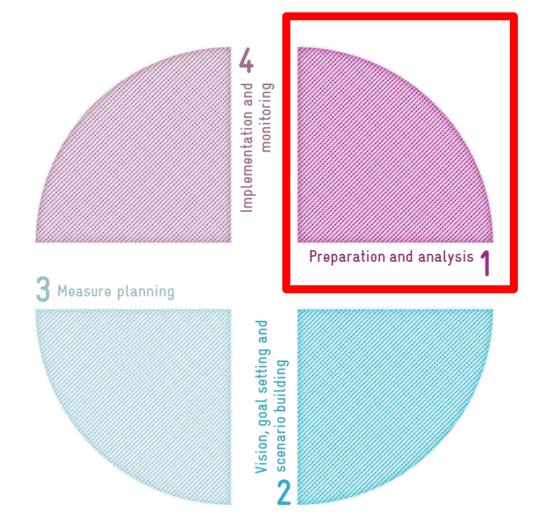




SUMP Toolkit

Annotated Outline for Sustainable Urban Mobility Plans (SUMP)

SUMP development guidance resources for developing and transition countries





Walking and Cycling diagnosis are essential to creating effective SUMPs

3.5 Mobility and transport

Description of the local and regional transport network (road, public transport lines, parking facilities, cycling network etc.).

3.5.3 Active Mobility

Walking and Cycling:

Including an inventory of main routes/passages for pedestrians/NMT (location, quality of infrastructure) in relation with pedestrian/NMT flows

Results of walkability study and non-motorised transport surveys:

Including analysis of historic and current use as well as potential/ easiness of walking and cycling







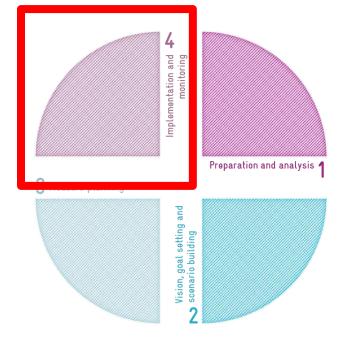
Diagnosis helps establish a baseline

- What works well?
- What does not work well?

Functions/ Transport mode	Modal share	Quality of infra- structur e	Safety and liveability	Environmen t and health	Equitable accessibility	Status of measure implementation	Main recommend ations
Walking	12%	Poor	Many accidents on road crossings near schools	Less and less pupils walking to school	Some areas lack walkable access to parks and sports facilities	Low activity. New "walk to school" campaign	Traffic safety measures are needed



Also to set targets and monitor and evaluate progress towards those targets that should be in SUMPs

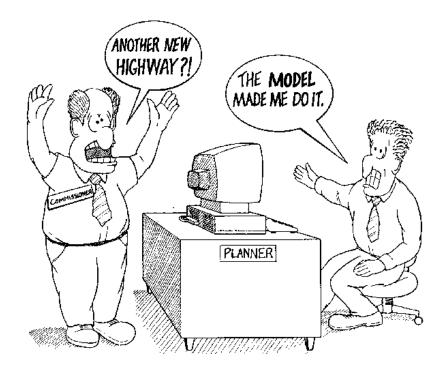




Data can fit into the 4-Step Model

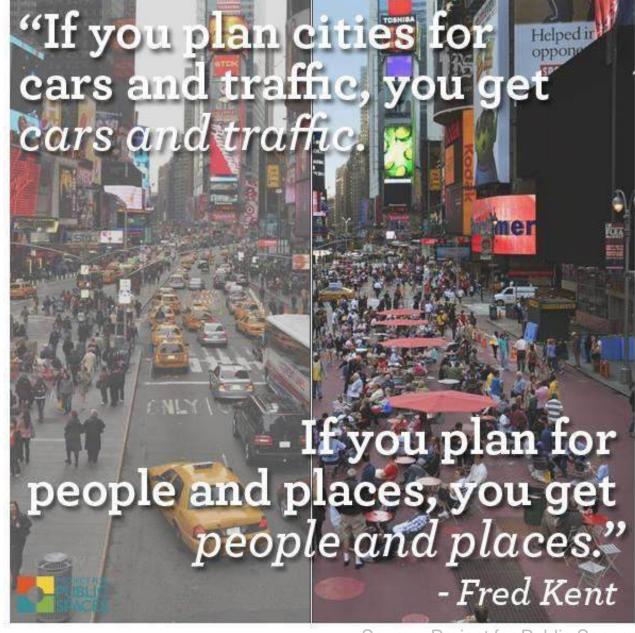
BUT:

- → Model must include walking and cycling explicitly
- → Setting good goals is critical (Access, not speed)
- Model must be careful about the size of zones to show impact of walking zones often are too large and the model does not look at local trips
- Pro-car assumptions can be self-fulfilling prophecies



Source: https://www.edthefed.com/





You get what you diagnose and plan for

Source: Project for Public Spaces



Why is diagnosis not done for walking/cycling?

- → TIME: Time-intensive data collection / limited staff resources
- → MONEY: Expensive data collection/lack of money for them
- → SUPPORT: Not enough value placed on diagnosis or aspects of diagnosis
- → **RESTRICTIONS**: Some governance-related restrictions may prevent diagnosis efforts
- →BIASES in existing tools



Diagnostic tools can help overcome those challenges

- → Make existing work more comprehensive
- →Get new data quickly from open sources
- → Visualize data
- → Understand and quickly collect important data on walking and cycling



Tools exist to bridge that gap - some you already use and some that are new

- Surveys (online / digital, mail, interviews, census, Household surveys, focus groups)
- Traffic Counts (Automated, manual)
- → Big Data (phones, social media)
- → Spatial data



Putting the data to use

- Incorporating into SUMPs and local area planning
- Fixing problems, finding solutions,
- → Building political will
- → Understanding constituency needs



Diagnosis Tools

Walking and Cycling are fundamental to sustainable urban transport

Mode Share Data

Traffic Counts

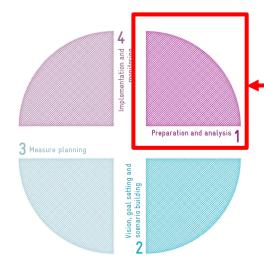
City-Wide Measurements

Road Crash Data

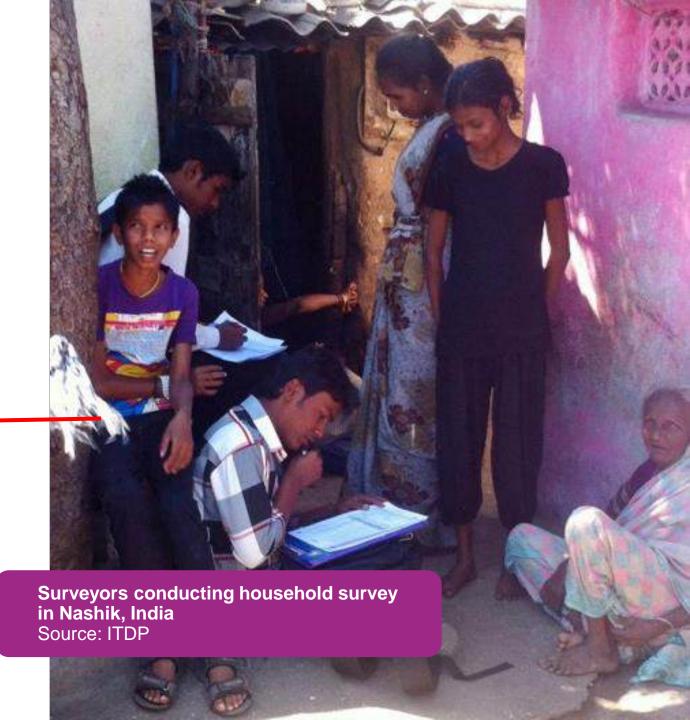


Mode Share Data

- Collect as part of citywide household surveys
- Must include explicit questions on walking and cycling



Follows a very similar approach to developing SUMPs



Mode Share Data

EN

- → Trips often include multiple modes, including walking
- → Hard to remember exact distances, so times may be more important
- → Hard to remember trips from more than a few days earlier
- → Trips can be chained together, so it's important to ask for a full day of trips.

FORM 2: HOUSEHOLD MEMBER INFORMATION										
Interviewer:							,		Housel	nold ID:
Instruction	nstruction: To be completed by an adult in the household, for each of the member of the household whose travel patterns are known									
Household Member #: (circle one)		- 2 - 3 - 4 - 5 - 6 - 7 -			Age			Sex		
Travel information: Please ask whether the trips listed below refer the last week day trip or normally what the person's trips look like in										
Trip No.	Purpose of the Trip (circle one)	time did	Where did you start the trip? (area name)	Where did you go? (area name)	STA	What mode did you use for each stage? How many (circle one)		minutes?	How far did you	Public
	W - go to Work M - go to Market S - go to School F - meet Friends H - go back Home O - Other					W - Walk C - Cycle B - Bus AR - Auto Rickshaw 2 - 2 wheeler 4 - 4 wheeler	waiting (public transport)	traveling	travel for each stage? (circle m or km)	transport: How much did you pay? (local currency)
TRIP	Q,	Time			1	W C B AR 2 4	3		150 m km	
	M S	630	Govind		2	\sim	5	2	1 m(km)	15
EXAMPLE	F	am	Nagar	Panchvati	3	A - O	45	5	10 m(km)	35
\$	О	□ pm			4	(W) C B AR 2 4	3		100 mkm	
M	<u> </u>				5	W C B AR 2 4			m km	
	w	Time			1	W C B AR 2 4			m km	
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	S				3	stronger same years totalist person 2000			km m	
1	F	am			3	W C B AR 2 4	-		km	

Survey form developed by ITDP

Source: ITDP



Mode Share Data

EN

→ Good opportunity to collect qualitative data on perceptions of conditions for walking and cycling

		Date:	
ehold. eat the proces	ss afterwards.		
? (read out the	ne choices - c	ircle the respon	se)
strongly	disagree	e neutral	
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
1	2	3	4
	? (read out the strongly 1 1 1 1 1	ehold. eat the process afterwards. ? (read out the choices - constraints) strongly disagree 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1	(read out the choices - circle the response strongly disagree □ neutral 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 2 3 1 1 1 1

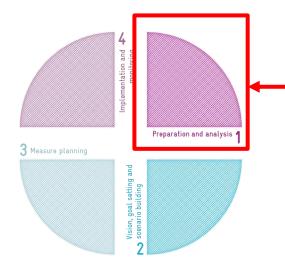
Survey form developed by ITDP

Source: ITDP

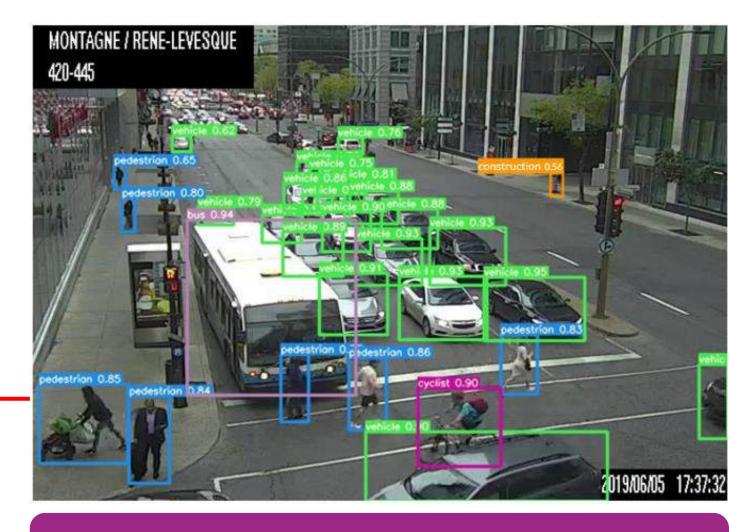


Traffic Counts

- Gain understanding of walk & bicycle volumes
- New technologies may reduce costs & time

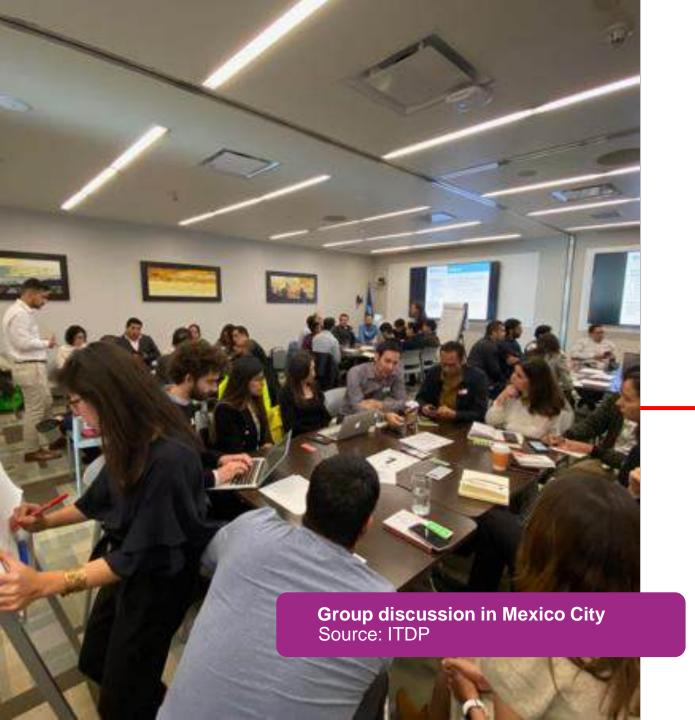


Follows a very similar approach to developing SUMPs



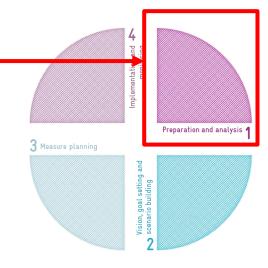
Automatic pedestrian and bicycle detection in Montreal, Canada Source: Jean-Sébastien Grondin in <u>Towards Data Science</u>





Focus Group Discussion

- Gain understanding of walk & bicycle volumes
- New technologies may reduce costs & time

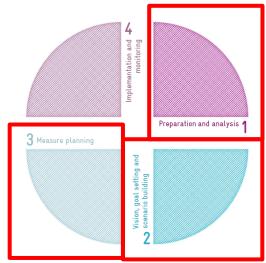


Follows a very similar approach to developing SUMPs

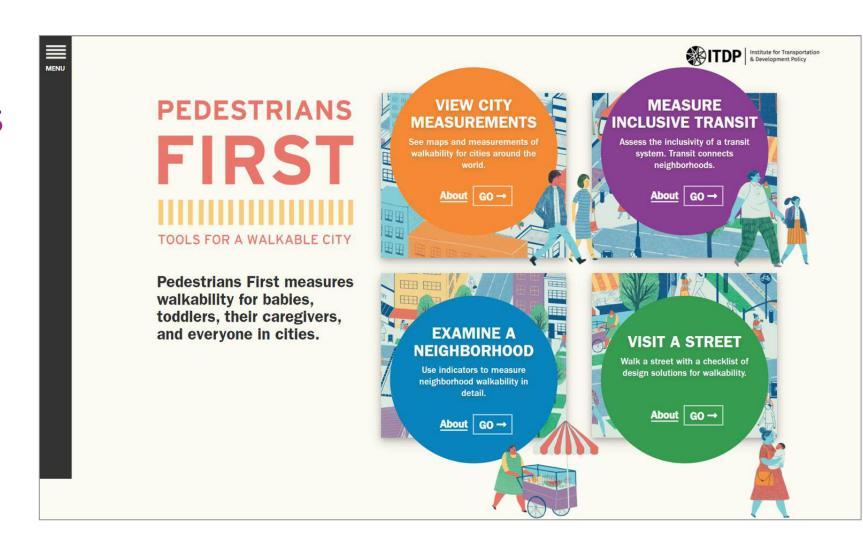




City-Wide Measurements



Can help with analysis, goal setting and measure planning for SUMPs





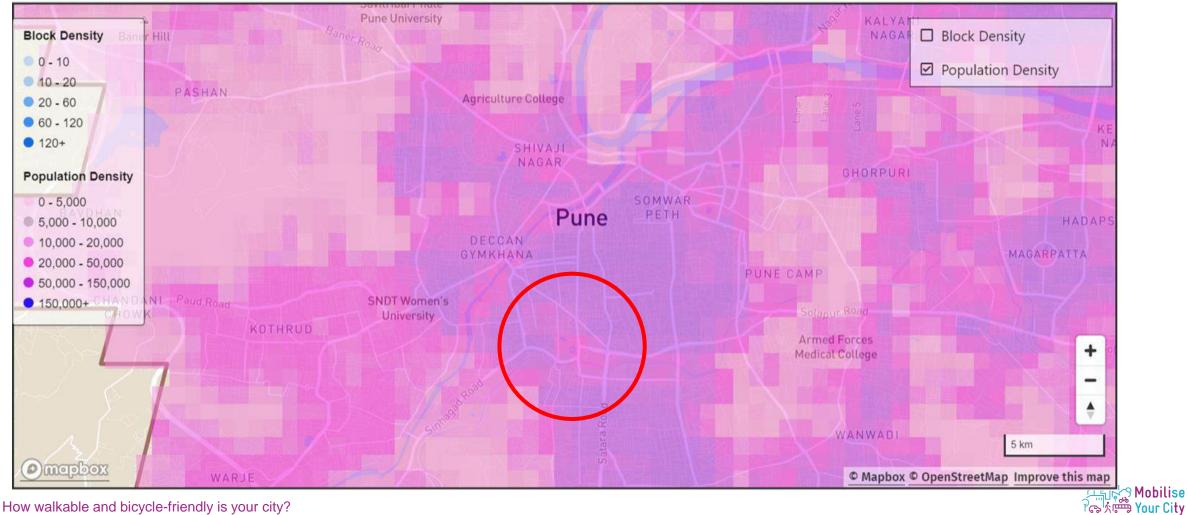
Citywide Measurements

https://pedestriansfirst.itdp.org/city-tool/step-1

Weighted Population Density in Pune (Poona) [IND]: The average resident lives in a neighborhood of 32,665 people per square kilometer.

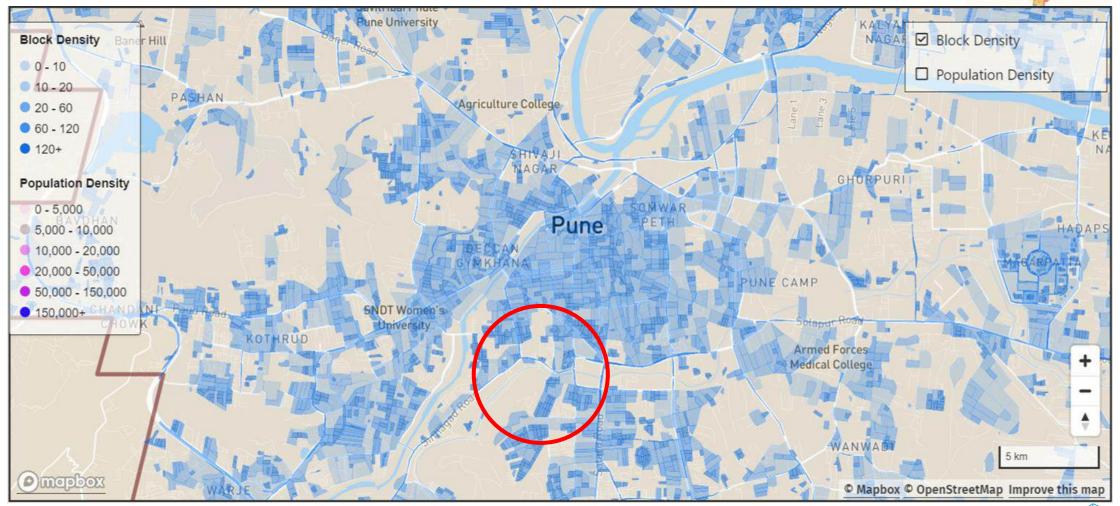
32,665 Goal: 15,000 people or more per square kilometer





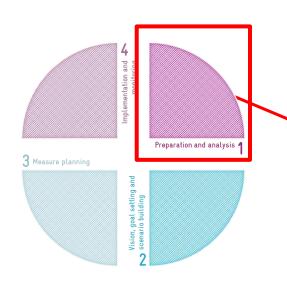
Citywide Measurements







Citywide Diagnosi s



Follows a very similar approach to developing SUMPs



Overview

City Assessment

Action Plan

Metrics

Resources

Take Action to Improve Cycling

Cycling is a powerful tool to improve transportation, increase access, and enhance the quality of life in cities around the world.

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Overview

City Assessment

Access

Security

Safety

Awareness

Physical Conditions

Capacity

Review Progress

Action Plan

Metrics

Resources

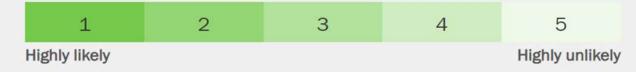
How would you describe bicycle access and affordability in test?

 1 2 3 4 5

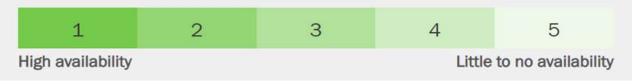
Very affordable

Range of bicycle types available, affordable and used bicycles are plentiful.

How likely is the average person to commute to work, school, or other daily destinations using a bicycle?



3. How would you describe the availability of bicycle retail, repair, and replacement parts locations?





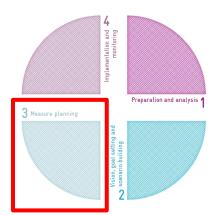
Overview

City Assessment

Action Plan

Metrics

Resources



Follows a very similar approach to developing **SUMPs**

Rapid Cycling Growth in Washington





1. Connected network of bicycle infrastructure

Action Type: Infrastructure

- Install protected bicycle lanes and/or add protection to existing lanes
- Transition "quick build" or temporary cycle lanes to permanent design
- Ensure bicycle lanes connect with greenways, low-speed low-volume streets, and cycle highways to form a network throughout the city
- Ensure lanes are well-lit, well-maintained, and reflect city conditions
- + Read more
- + Resources



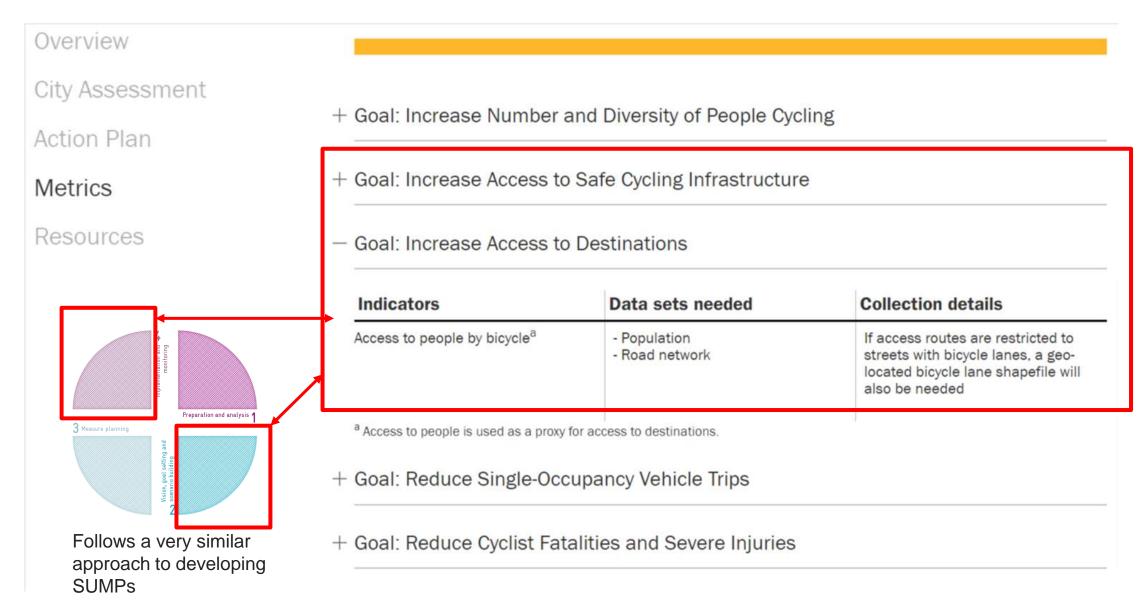
Impact:

Time:

Cost:









Overview

City Assessment

Action Plan

Metrics

Resources

Vision, goal setting and bre antitron and analysis 1

3 Measure brauning

binding

binding

binding

binding

binding

binding

binding

construction and analysis 1

Follows a very similar approach to developing SUMPs

+ Read more

+ Resources

Global Street Design Guide (NACTO)

Streets for Walking and Cycling (ITDP + UN Habitat)

Design Manual for Bicycle Traffic (CROW)

Share the Road: Design Guidelines for Non Motorised Transport in

Africa (UNEP + FIA Foundation)

2. Reduce vehicle speeds

Action Type: Policy

- Establish and enforce low speed limits for vehicles
- Implement traffic-calming infrastructure for selfenforcement
- + Read more
- + Resource:





Share the Road: Design Guldelines for Non Motorised Transport in Africa

Cost:









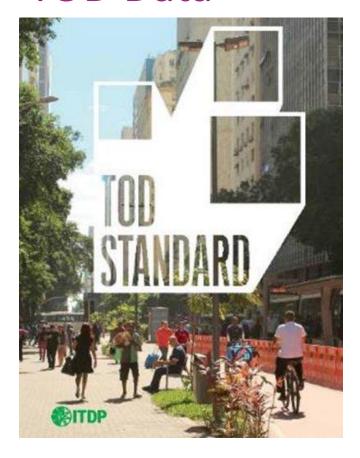


Source: ITDP



developing SUMPs

TOD Data



ITDP'S PRINCIPLES OF URBAN DEVELOPMENT FOR TRANSPORT IN URBAN LIFE

& TOD STANDARD KEY IMPLEMENTATION OBJECTIVES

WALK

DEVELOPING NEIGHBORHOODS THAT PROMOTE WALKING

OBJECTIVE A. The predestrian realm is safe, complete, and accessible to all.

OBJECTIVE 8. The pedestrian realm is active and vibrant.
OBJECTIVE C. The pedestrian realm is temperate and comfortable.

CYCLE

PRIORITIZE NONMOTORIZED TRANSPORT NETWORKS

OBJECTIVE A. The cycling network is safe and complete.
OBJECTIVE B. Cycle parking and storage is ample and secure.

CONNECT

CREATE DENSE NETWORKS OF STREETS AND PATHS

OBJECTIVE A. Walking and cycling routes are short, direct, and varied.

OBJECTIVE B. Walking and cycling routes are shorter than motor vehicle routes.

TRANSIT

LOCATE DEVELOPMENT NEAR HIGH-QUALITY PUBLIC TRANSPORT

OBJECTIVE A. High-quality transit is accessible by foot. (TOD Requirement)

MIX

PLAN FOR MIXED USES, INCOME, AND DEMOGRAPHICS

OBJECTIVE A. Opportunities and services are within a short walking distance of where people live and work, and the public space is activated over

CTIVE 8. Diverse demographics and income ranges are included among local residents.

DENSIFY

OPTIMIZE DENSITY AND MATCH TRANSIT CAPACITY

OBJECTIVE A. High residential and job densities support high quality transit, local services, and public space activity.

COMPACT

CREATE REGIONS WITH SHORT TRANSIT COMMUTES

OBJECTIVE A. The development is in, or next to, an existing urban area.

OBJECTIVE B. Traveling through the city is convenient.

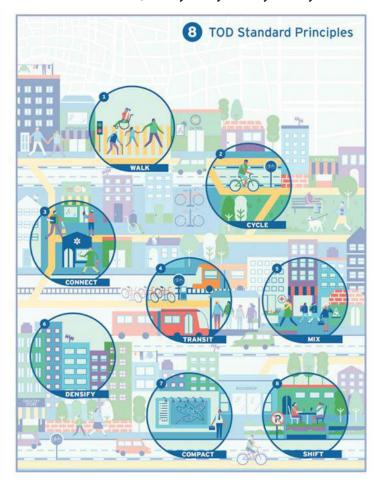
SHIFT

INCREASE MOBILITY BY REGULATING PARKING AND ROAD USE

OBJECTIVE A. The land occupied by motor vehicle is minimized.

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WALK

Measures support safety, independent mobility, universal & stroller access

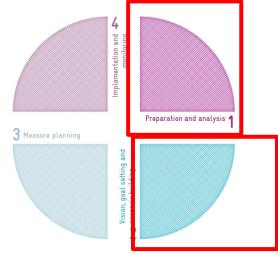


PHYSICALLY PERMEABLE



WALK

Goal: 100% complete, all-accessible walkways



Follows a very similar approach to developing SUMPs



Sidewalks and crossings should be elf-accessible in the pedestrian network like here in Quadelplara, Maxico

STATION CATCHMENT AREA EVALUATION

MEASUREMENT METHOD:

Same as above.

SCOPE:

Within the defined station catchment area (guidelines found in the eligibility criteria or in the How to Use the TOD Standard section).







Exercise

- Accessible Walkways
- Visually Active Frontage
- Physically Permeable Frontage
- Shade & Shelter

IN THE CHAT ENTER:

"+" followed by a positive observation

OR

• "-" followed by a negative observation



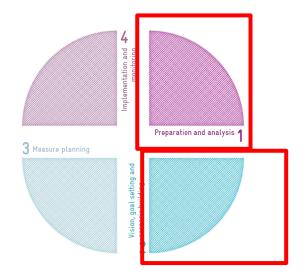
CYCLE

measures encourage cycling amongst the caregivers (accompanied by kids) and among older children



CYCLE

Goal: 100% buildings within 100m of safe cycle network





DATA SOURCES

Plans and designs; maps; up-to-date aerial/satellite photography; local government transport data; site survey.



CYCLE NETWORK

100% of street and path segments are open and safe for cycling



No building entrance is more than a 200 m walking distance from a safe cycling network segment



One or more building entrance are more than a 200 m walking distance from a safe cycling network segment





EXERCISE

Safe cycling:

- protected cycleways
- slow streets (<30 km/hr)
- pedestrian-priority street (< 15 km/hr)
- Walk/cycle paths

IN THE CHAT ENTER:

"+" followed by a positive observation

OR

"-" followed by a negative observation





EXERCISE: Pedestrians First Data

IN THE CHAT ENTER:

- 1) The name of the city and country you're in or a big city near you.
- 2) The block density for that city
- 3) One observation of the city based on the blocks

GO TO: https://pedestriansfirst.itdp.org/city-tool/step-3



Diagnosis: Case Studies

Examples of using diagnosis in planning and decision making

Jakarta, Indonesia

Bahir Dar City, Ethiopia

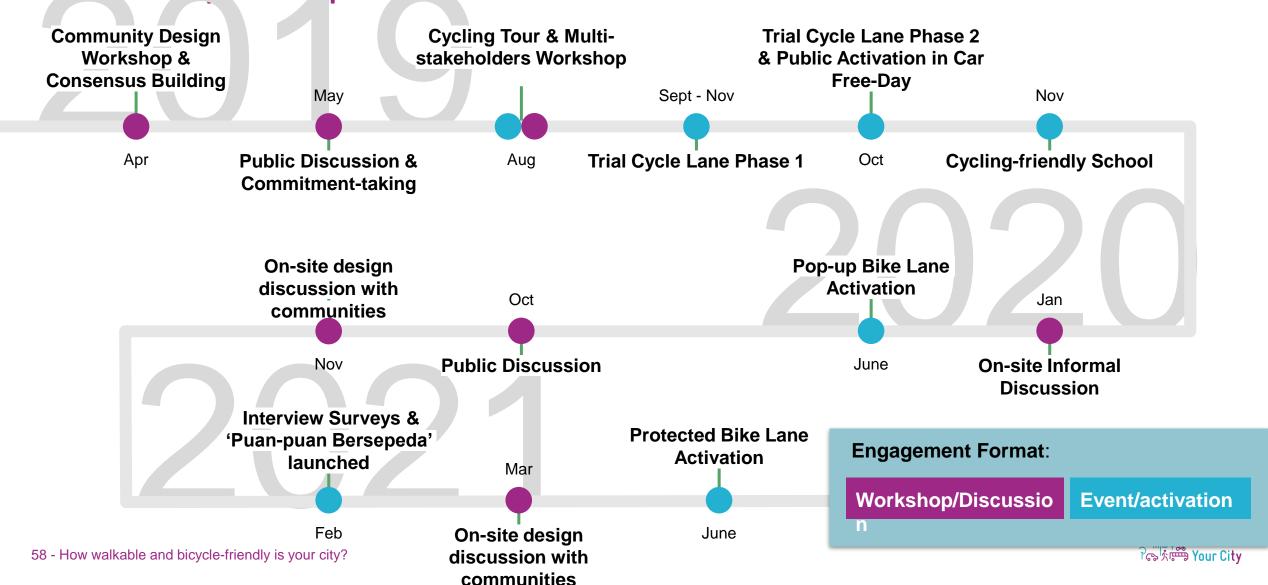
Kisumu City, Kenya







A continuous effort to engage public participation



Ensuring participation from all users









People on bicycles in Jakarta, Indonesia

Source: ITDP



Focus Group Discussion

Workshop/Discussion

Public/Community

KONSENSUS

JAKARTA RAMAH BERSEPEDA

- Kami para pesepeda, pejalan kaki, serta warga Jakarta percaya bahwa kota Jakarta dapat menjadi kota lestari dan inklusif serta ramah terhadap pesepeda dan pejalan kaki.
- Kesadaran, perhatian serta upaya dalam membuat kota jakarta sebagai "Kota Ramah Bersepeda" terus digalakkan dan karenanya, diperlukan penguatan secara herkelanjutan. Oleh karena ku, disusunlah konsensus untuk meneguhkan upaya perwujudan "jakarta Ramah Bersepeda".

Dokumen lengkap

dapat diakses di:

 Kami percaya Kota Jakarta Ramah Bersepeda dapat terwujud melalui:



Adanya landasan dan kepastian hukum terkait bersepeda di Kota Jakarta yang mencakup infrastruktur, sanksi, prosedur penanganan kecelakaan, perilaku bersepeda, imbauan untuk mendorong budayabersepeda, dan kewajiban penyediaan fasilitas bersepeda



Adanya komitmen penganggaran infrastruktur bersepeda yang proporsional dengan anggaran untuk infrastruktur kendaraan bermotor



Mudahnya akses terhadap penggunaan sepeda



Lebih banyak anak-anak yang bersepeda di Kota Jakarta



Terciptanya lingkungan bersepeda yang nyaman dengan kualitas udara yang baik



Tersebar luasnya budaya bersepeda melalui pelibatan pemangku kepentingan



Terciptanya rasa aman bagi masyarakat untuk bersepeda di Kota Jakarta



Tersedianya jalur sepeda yang layak di sepanjang jalan arteri di DKI lakarta



Kondisi infrastruktur jalan yang baik dan fasilitas parkir sepeda yang aman di area publik



Tersedianya fasilitas ruang ganti dan/atau kamar mandi untuk pesepeda



Initial discussion with communities in Jakarta, Indonesia. Source: ITDP

Point of discussion:

- Physical and non-physical issue
- Action plan recommendation for the city
- Initial consensus draft

Results:

- Consensus
- Action plans for Government
- Dissemination to the government



Collaborative Workshop

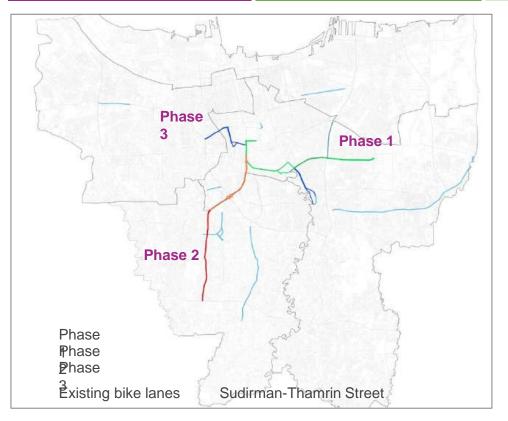


Workshop between public and government in Jakarta, Indonesia. Source: ITDP

Workshop/Discussion

Public/Community

Government



Results:

- Bike lane trial kick-off plan and stages
- Planning and design element
- Public awareness plan



Bike Lane Design Improvement and Implementation

Gathering Issues



Initial field surveys and trial implementation





Focus Group Discussion (Source: ITDP Indonesia)

Consensus and action

Element design ideas

Bicycle network priority



Field Installation (Source: Public Works Agency)



Monitoring and Evaluation (Source: Transport Agency)



Illustration of permanent bike lane in Sudirman-Thamrin

(Source: ITDP Indonesia)

Results:

- Field surveys
- Marking and traffic cones installation
- 63 km temporary bike lanes

Results:

- Field observations
- Cyclist counting
- Bicycle permanent design concept

Results:

Technical assistance permanent bike lane development



62 - How walkable and bicycle-friendly is your city?

Results:

plans

- 'Cycling tour' inviting both public and the government enabling the government to hear directly from the public and firsthand experience as a cyclist
- Cycle Lane Volunteers Involving local cyclists as a
 public volunteer to collect user
 experience issues
- On-site design discussions with communities

Event/activation

Public/Community

Government





Cycling Tour in Jakarta, Indonesia
Source: ITDP





Event/activation

Public/Community

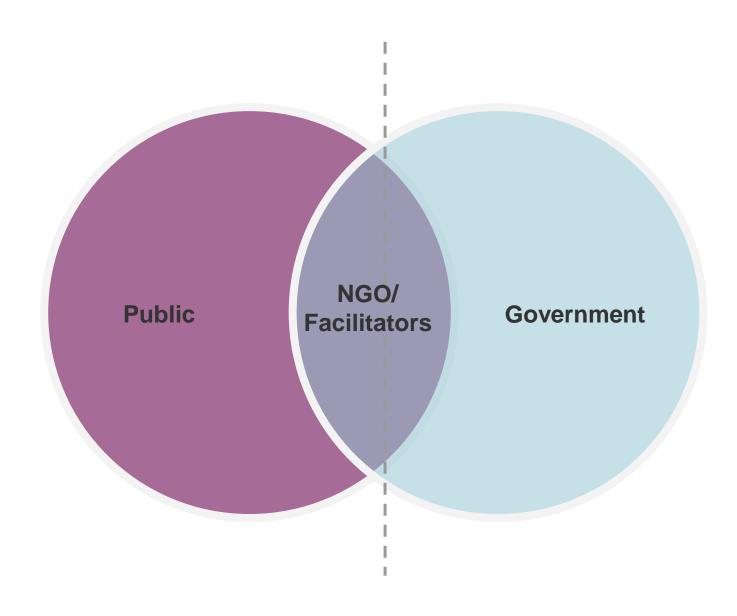
Public Installation at a Car-Free Day

 Engaging wider groups of citizen to gather their perceptions towards a cycling-friendly city



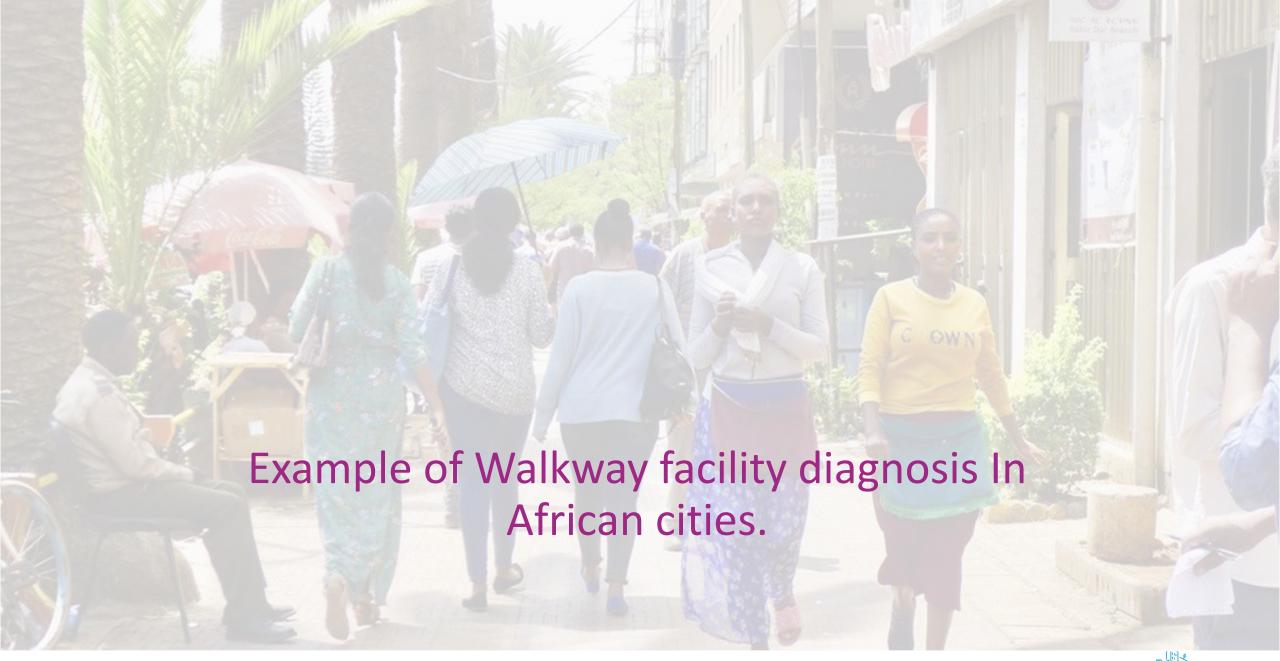
Public Engagement Installation in Jakarta, Indonesia Source: ITDP





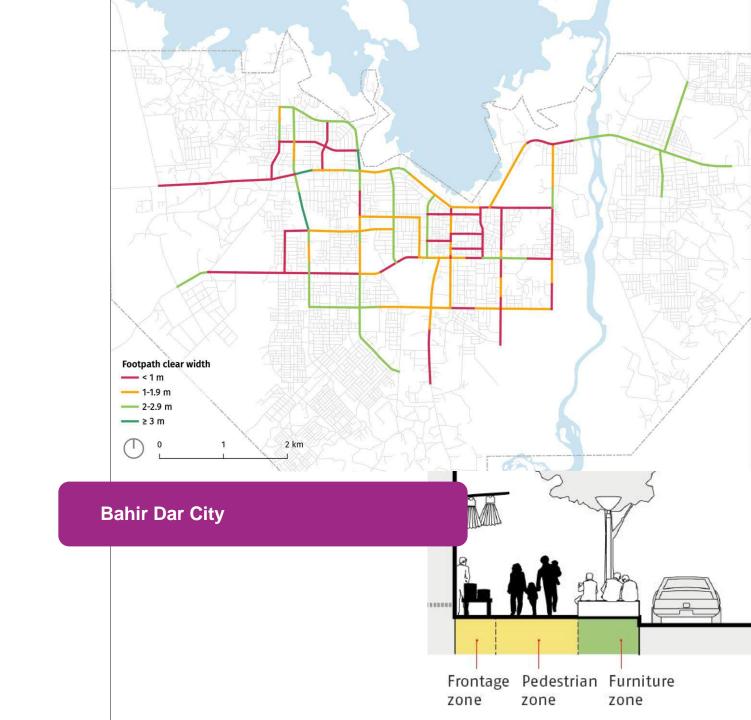
- Why is needed To gain experiential knowledge
- Benefit infuse with local values, common sense, and more inclusive planning
- Main Goal to create communication and dialogue
- Beware of difficulties, challenges, and drawbacks

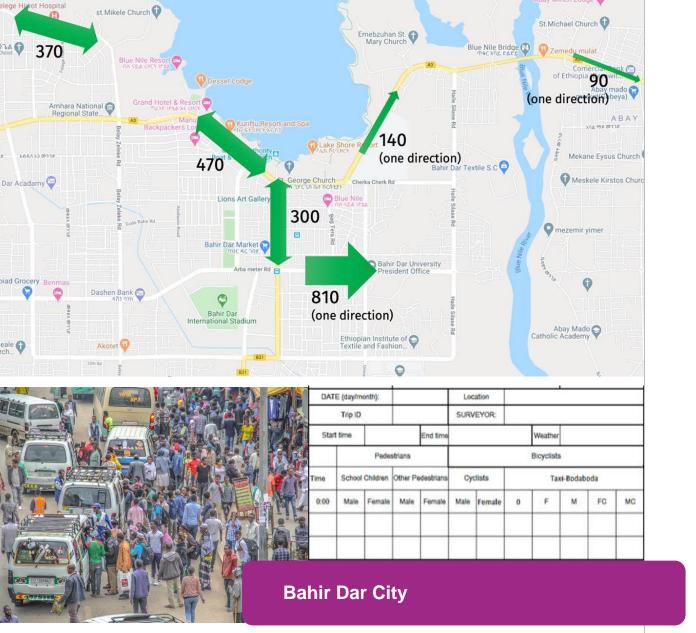




Footpath clear width, city wide

- Surveyors will have to measure the clear footpath width at the city level.
- Categories should be:
 - < 1 m
 - 1-1.9 m
 - 2-2.9 m
 - >3m
- Data should inform planners on the availability of clear walkway width, and to propose at least 2 m of clear width for streets that have lesser.





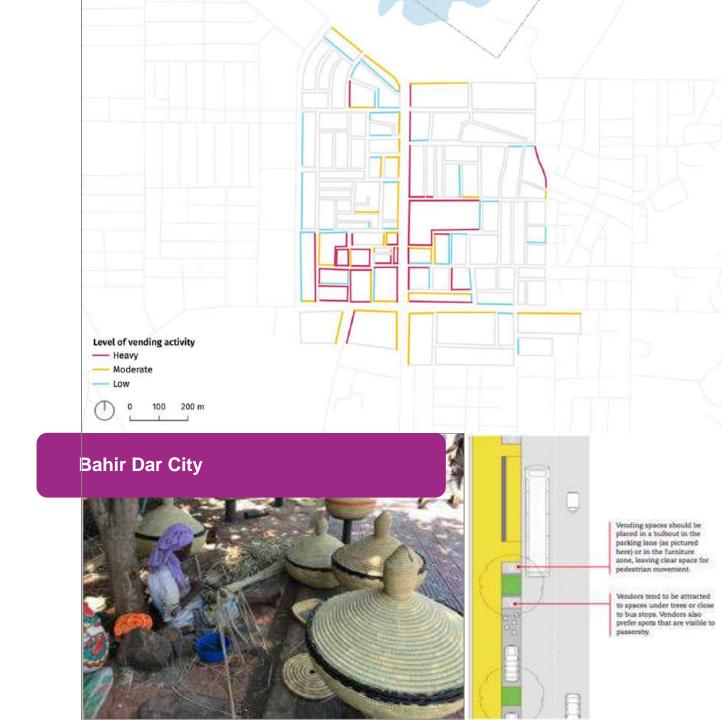
Pedestrian volume

- The pedestrian volume per hour, should be counted on multiple locations in the city.
- The count should include all groups of society.
 - Child
 - Adult male
 - Adult female
 - Disabled child
 - Disabled adult male
 - Disabled adult female
- The data should inform volume of pedestrians on the city, and to allocate appropriate walking infrastructure.



Street Vending

- The survey should be conducted on major streets within the city center.
- Intensity of vending activities could be checked and could be categorized as.
 - Heavy
 - Moderate, or
 - Low
- The data will inform planners on the presence of street vendors and to include proper spaces for them.



2 km



Shade

- Should be observed on the street during the high intensity sun light.
- Data should inform planners to decide to incorporate continuous street side trees.



Street light

- Street light could be checked from the street light poles or lights from the buildings.
- Data will inform planners about the availability of street lights, and recommendation to incorporate or fixing the street lights.









On street parking occupancy

- Surveyed by measuring the spaces occupied by parked vehicles.
- Data informs planners on availability of car-parking spaces,
- Recommendation will include parking management and allocation of parking on the street.



Crossings

- Intersections and midblock crossings could be assessed by site visits and documented with photos and videos.
- Identify spots for intersection redesigns: incorporate traffic calmed crossings, reduce curb radii, universal access, and incorporate bollards.



Wide turning radii at intersections encourage speeding by vehicles, thus making it unsafe for pedestrians to cross the road.



Newly constructed road need to incorporate safe crossings.

Kisumu City



0 2016 9 2017 2018 0 2019

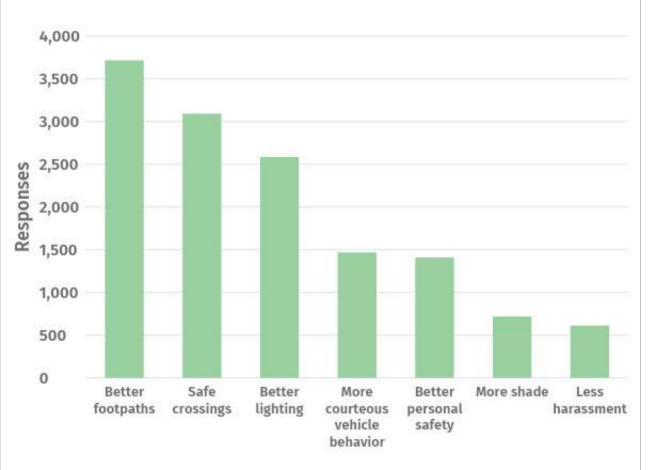
Locations of crashes from 2016-2019.

Kisumu City

Crash data

- According to crash data, most crashes occur on major roads.
- Used to prioritise locations for traffic calmed crossings and intersection redesigns.





Kisumu City

Household Survey

- Survey could be done on the locations with high pedestrian activity.
- Data to be used to plan, design, prioritize different interventions, based on the challenges.



Type of pedestrian improvement - Pedestrian zone New footpath Footpath widening 2 km

Bahir Dar City

Prioritise Possible Interventions

- Pedestrian walkway improvements
- Intersection Retrofit





BAHIR DAR SUSTAINABLE URBAN MOBILITY PLAN 2021-2030



JULY 2021









Kisumu Sustainable Mobility Plan

Institute for Transportation and Development Policy June 2020

How are these data used?

 Preparation of Bahir Dar and Kisumu SUMP



Key Takeaways

- Diagnosis leads to more complete understanding walking and cycling
- Diagnosis of walking and cycling is critical to the development of SUMPs
- Diagnosis tools reduce the burden on cities for collecting data, setting goals, and planning interventions

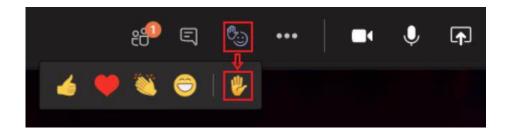




Q&A

Speak

→ Select "Show reactions" in the meeting controls, and then choose "Raise your hand". Everyone in the meeting will see that you've got your hand up.



Chat

→ Post your questions in the chat and we will include them in the Q&A





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- ✓ Connect





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